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*Spring Issue*  
2017

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Romana Kazmi

# RESPECTING DIFFERENCE

Romana Kazmi, King's first female Muslim chaplain is 'a people person first'. Coming from a counselling and mentoring background, with a BSc in Psychology, she is well qualified to help others. As a multi-faith chaplain at King's, Romana offers pastoral and spiritual support to staff and students. She says it's a job she loves because it allows her to have a positive impact on others.

Romana feels that she's been wholeheartedly welcomed at King's, and her position as first female Muslim chaplain often works to her advantage. She explains, 'We have people here from different sectors of Islam and some practise their beliefs through their physical attire while others don't. However, female staff and students from all different cultures feel at ease speaking to me.'

Romana has connected with female Muslim students from across the world including Indonesia, Malaysia and Thailand, 'I think seeing a female Muslim chaplain quickly gives them a sense of belonging.'

## THE DIVERSITY OF KING'S

'One of the most inclusive universities' is how Romana describes King's. 'The amount of spiritual care and faith recognition here is incredible, as is the number of places for prayer for all faiths.' That commitment to a multi-faith environment, she says, is also evident by the number of different faith societies organising charity events and the religious celebrations taking place daily.

## THE CHALLENGE OF DEALING WITH OPPOSING VIEWS

Romana loves engaging in challenging debates with students. Many want to talk about adjusting to university life in London, she says, 'Often they've left behind family and friends, their culture, and are dealing with a new language and being part of multicultural society in London. Trying to make sense of these things is challenging, but we're lucky in London – and especially at King's – it's so inclusive; people quickly fit in.'

Her background in healthcare ethics helps when talking to students studying medicine, law and psychology.

So what does she say to someone struggling with conflicting ideas? 'Learning shouldn't stop because you don't agree with something. You must nurture what you believe in, and work through opposing beliefs. We offer people the space to explore conflict. They visit the chaplaincy to share their views without judgement – it's a space where we can agree to disagree.'

## ACCEPTING DIFFERENCE BRINGS COMMUNITIES TOGETHER

Romana says that people of all ages, backgrounds, ethnicities and faiths help others. But she acknowledges there is a different political story unfolding, which she puts down to fear and a lack of communication. 'There is fear between certain communities, but they need to be brought together and we must acknowledge that.'

She cites 'Visit My Mosque' day as a great example of breaking down community barriers. This UK-wide initiative involves mosques opening their

doors to neighbours from all faiths and none. 'People from all walks of life visited our mosque, and everyone felt comfortable asking lots of questions.'

'I have had the most positive experience at King's; nobody questions my faith because they are here to share my pain and my laughter. It's about respecting difference.'

What spiritual advice do you have for our alumni?

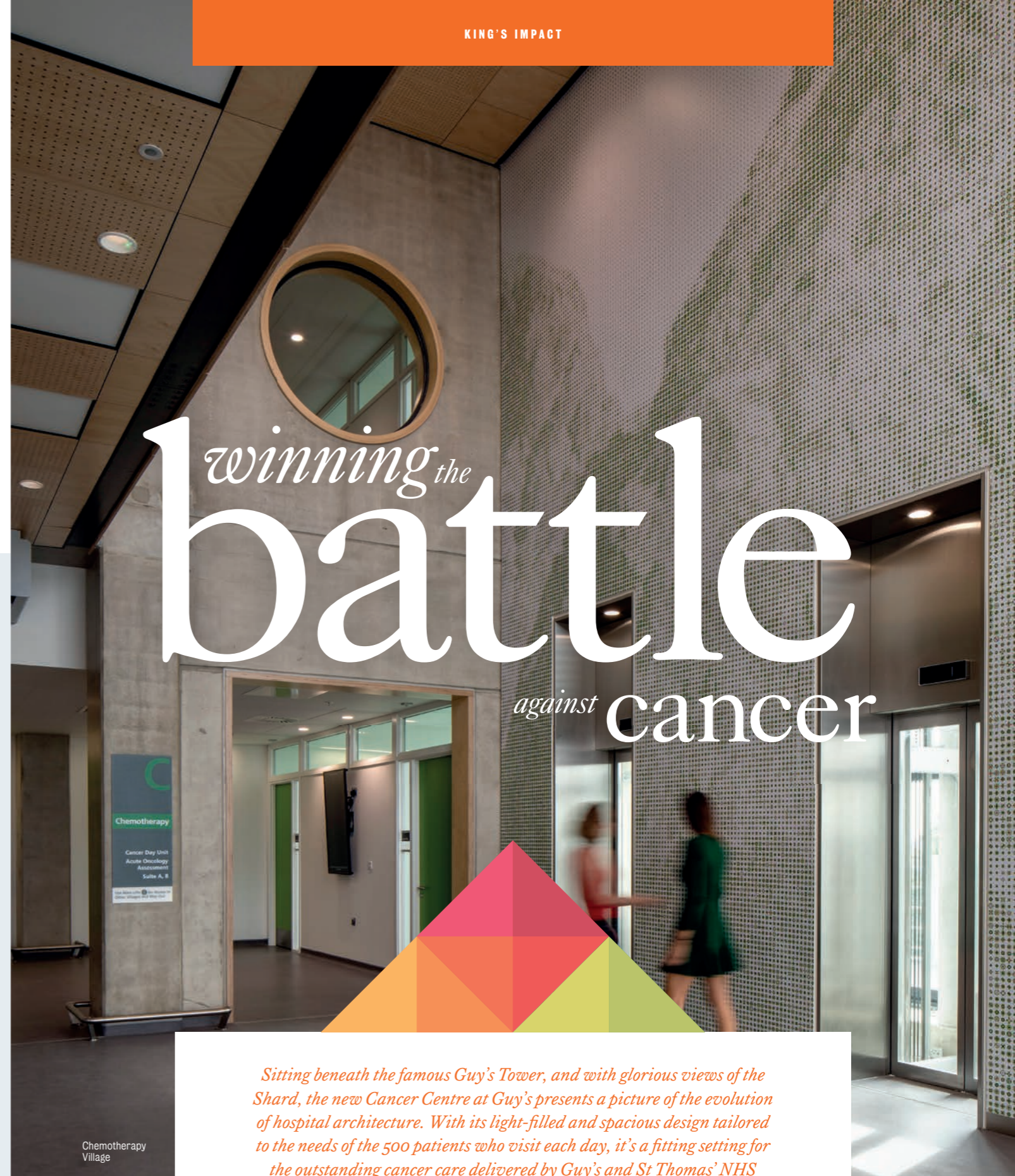
**'Society says we must be happy, things should be perfect and everything will come right in the end. But it's OK not to be OK, to cry or have a meltdown.'**

'We all have horrible days. But don't fear being dependent on another person or a higher being.'

'We're all here to support each other, so if you're struggling, you can always find someone that will help and support you. Don't shy away from asking for help.'

FIND OUT MORE ABOUT THE CHAPLAINCY'S MULTI-FAITH EVENTS

[alumni.kcl.ac.uk/chaplaincyevents](http://alumni.kcl.ac.uk/chaplaincyevents)



# winning the battle against cancer

*Sitting beneath the famous Guy's Tower, and with glorious views of the Shard, the new Cancer Centre at Guy's presents a picture of the evolution of hospital architecture. With its light-filled and spacious design tailored to the needs of the 500 patients who visit each day, it's a fitting setting for the outstanding cancer care delivered by Guy's and St Thomas' NHS Foundation Trust in partnership with King's College London.*

“When I come to this building I get an amazing feeling that it’s bright and light, it’s welcoming. People make you feel good, and that’s really quite infectious at the end of the day, and it rubs off.”

PATIENT DIANE FAUCHER

*Scientists from King’s are an integral part of the new Centre. Our clinical partners will be treating up to 6,500 patients a year, and the 70-strong team of King’s researchers, based in the Centre’s Innovation Hub, are working with cancer patients to actively feed into their research.*

This ‘bench to bedside’ approach to translational medicine aims to accelerate advances in cancer care and improve patient outcomes in the future.

**NEW OPPORTUNITIES FOR CANCER RESEARCH**

Patients are at the heart of the Cancer Centre’s design and this ethos is also reflected in the research work carried out here by King’s scientists. The team have their own zone – the Innovation Hub – where patients and clinical colleagues are encouraged to visit them.

“There are great opportunities for us to collectively make a difference here,” says Professor Peter Parker, Head of King’s Division of Cancer Studies.

For our scientists, the Centre will have an important impact on their work towards better cancer treatment. The Hub’s biobank, for example, is an essential tool for researchers giving them access to a large collection of medical data and tissue samples collected from patients.



The Cancer Centre from street level



The donor wall at the Cancer Centre, designed by Paul Rapacioli at Small Back Room

Professor Parker explains: ‘It’s important that the biobank is close to patient activity so that as many people as possible can participate in research and we can use the biopsy material we collect to improve diagnosis and therapeutic interventions.’

This proximity to patients also offers greater opportunities for clinical trials, key to bringing new treatments to patients. This is just the beginning. It is hoped that as this innovative relationship evolves, the benefits of research will feed into treatment at unprecedented rates, and lead ultimately to a cure.

Publicising research directly to patients and actively seeking their involvement is an approach that’s popular in some North American cancer hospitals where patients visit research teams and talk to them about their work and new treatments.

‘It’s still quite unusual in this country,’ says Professor Parker. ‘We’re hoping to have a steady stream of visitors and create a closer connection between the researchers and the people we hope will benefit from our work.’

**DESIGNED BY PATIENTS FOR PATIENTS**

The contrast between the busy London pavements outside, and the bright, spacious welcome area of the Cancer Centre immediately conveys that its designers have thought carefully about every step of the patient’s journey. The building cleverly echoes London’s

reputation as a city of villages. Guided by patient feedback, award-winning architects Rogers Stirk Harbour + Partners created four clearly defined zones – the welcome, radiotherapy, outpatients and chemotherapy villages – to make orientation easier. Visitors check in using barcoded letters, and can see immediately where they need to go next, using the colour-coded signs and lifts which lead to the villages. Here they can relax in comfortable seats or use the external balcony garden area and take in the views over London before their appointments. This fluid aspect of the centre’s design aims to reduce the anxiety that patients often feel with hospital visits.

Indeed, listening to the patient voice has been key to the Centre’s successful design. During the planning stages in 2010, Guy’s and St Thomas’ drafted in a group of patients who played a major role in shaping a building that raises the bar for hospital design. Crucially, their feedback brought radiotherapy, chemotherapy, outpatient clinics, support and research together under one roof – services which were previously dispersed across eight different buildings.

‘Patients have been consulted at every stage and no decision has been made without us,’ says Diana Crawshaw, a former breast cancer patient at Guy’s and St Thomas’ and chair of the Patient Reference Group.

**BEHIND THE SCENES**

**Alumni support for leading-edge research**

Your donations support researchers like King’s PhD student Fiona Kogera. Her investigations focus on the behaviour of a protein, KDM5B, which recent studies show plays a role in drug resistance of cancers such as melanoma.

She is exploring whether it could also influence resistance to breast cancer therapies.

Having moved into the Innovation Hub last year, she works alongside some of the leading experts in breast cancer and is now close to the patients who are ‘the best motivation for the work we’re undertaking’.

Funding the work at the Innovation Hub is crucial to continue this groundbreaking research, says Professor Peter Parker.

“We have already benefited from some very generous alumni donations that are impacting our work, but we have a great deal more to do.”

PROFESSOR PETER PARKER

**Every donation makes a real difference.**

CALL US TO DONATE TO CANCER RESEARCH:

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Cancer Centre outpatient self check-in

### RADIOTHERAPY TRANSFORMATION

As a result of patient consultation, Guy's is the first hospital in Europe to locate its radiotherapy facilities above ground floor level, despite the considerable design challenges. This task was undertaken to give patients unprecedented access to both natural light and city views, all to help mitigate the stress of undergoing radiotherapy.

Making this possible meant that the foundations of the Cancer Centre took longer to complete than those for the Shard – and it actually makes the Centre heavier than its lofty neighbour. In 2013 two piling rigs spent five months boring over 400 piles into the ground, to ensure the building's foundations were strong enough to support the weight of the lead-lined doors and walls required for the radiotherapy village.

### INSPIRATIONAL ART IN A HEALING ENVIRONMENT

Cancer is not just a physical attack on the body; the psychological effects can be just as hard to cope with. The art at the Cancer Centre is designed to calm and relax.

'Cancer treatment is difficult, it can be all-consuming, stress-inducing and cause feelings of unwellness. Calming, inspirational, and contemplative artworks can help our patients through difficult times', says the Centre's Arts Manager, Liz O'Sullivan.

The largest single piece of art is the sculpture, Boat, an unmissable landmark as visitors enter the building. Artist Daniel Silver took his inspiration from the remains of a Roman boat, discovered in 1958, and buried almost five metres beneath the Cancer Centre in what was once a tidal creek of Guy's Channel, a former tributary of the River Thames. This impressive bronze and cement sculpture symbolises the Roman

boat's journey through London as well as the patient's journey both through the Cancer Centre and through their treatment.

The art inside the building works in harmony with the spacious and airy design, delivering light, colour, and natural sounds. In the Living Room installation, visitors use headphones embedded in the bamboo seats to tune into different time zones and listen to sounds – from forests to seaside settings – recorded around the world. In the lifts, a video installation allows passengers to take a virtual, vertical journey through a rainforest as they watch London's cityscape through the glazed panel, and in each village colourful wire mesh furniture creates intimate, private spaces for patients and their families.

Funding for these installations came from Guy's and St Thomas' Charity, and patients were key stakeholders in the choice of art.

“As a cancer survivor, the disease shouldn't define how you live. The Cancer Centre at Guy's will make a diagnosis less scary, and patients will realise they can still live a full life.”

ROLA GORDON (MSc HEALTH PSYCHOLOGY, 2013)  
DONOR TO THE GORDON SURVIVORSHIP CENTRE.



“There are great opportunities for us to collectively make a difference here.”

PROFESSOR PETER PARKER,  
HEAD OF KING'S DIVISION  
OF CANCER STUDIES.

### FOCUS ON RECOVERY AND SURVIVAL

Within the calm spaces of the Welcome Village, patients can access a number of services that offer advice, therapy and support.

A highly practical and welcome service is the Fitting Room where patients can try on wigs and hairpieces, buy headscarves and mastectomy products as well as receive make-up and skincare advice.

At Dimpleby Cancer Care, patients can talk to cancer nurse specialists about all aspects of living with cancer – from its emotional and psychological effects to how to claim benefits. The service also offers a range of therapies and short courses on relaxation and stress management.

Emotional support is the focus of the Gordon Survivorship Centre, funded by King's alumna and breast cancer survivor, Rola Gordon. In the Autumn 2016 issue of *InTouch* we spoke to Rola about her commitment to supporting patients after cancer which inspired the Gordon Survivorship Centre. This Centre provides crucial advice to reflect patients' individual needs, and focuses on the physical, mental, emotional and social difficulties that cancer diagnoses and treatment can have.

Making sure that patients are at the heart of the design of the centre will ensure its success.

#### BEHIND THE SCENES

### The Cancer Centre at Guy's

- **Opened** in September 2016
- **Created** for patients as a new kind of hospital
- **Offers** the highest quality treatment in a relaxed patient-centred environment
- **500 patients** visit every day
- **Over 6,500** new patients will be treated every year
- **Designed by** Rogers Stirk Harbour + Partners
- **Nominated for** two Royal Institution of Chartered Surveyors (RICS) Awards – Design through innovation and Community benefit

CALL US TO DONATE  
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# Perspective ON POLITICS

*Sarah Olney (née McGibbon, English, 1998) came to public attention when she ousted Conservative MP Zac Goldsmith from his Richmond Park seat on 1 December 2016. The surprise result of the by-election propelled the former accountant into a world of intense media scrutiny and political debate.*

**S**arah joined the Liberal Democrats in July 2015, was elected MP for Richmond Park just 17 months later, and is now Parliament's only female Liberal Democrat MP. Here she talks about her family, work and how her experience at King's helps her deal with a high-profile political career.

## Can you tell us a little bit about your childhood?

I grew up in Surrey, and went to All Hallows School, a comprehensive in Farnham. I particularly remember the music department, and music teacher Mr Glover, who sparked my life-long love of singing.

Back then I wanted to be a journalist, because I was always interested in current affairs. I didn't imagine myself being a politician – Westminster seemed remote and full of people who were different from me and the people I knew.

## How have you found the transition between the world of business and politics?

It's much harder to understand people's expectations of you in politics. In business, my stakeholders were a limited circle, so I could speak to most of them face to face about how we worked together. In politics, my stakeholders are 70,000 constituents, which makes communicating more difficult. Instead of yearly appraisals with feedback, there's one cliff-edge vote every five years. It makes it hard to define your priorities and decide where best to focus your energies.

## Did your experience at King's prepare you for a career in politics?

Meeting so many people at King's from such diverse backgrounds has given me a massive advantage, because my home town wasn't particularly diverse. Also, being in central London, and getting used to a different way of life in a city, has proved to be really important.

## How accessible is politics today?

It's better than it used to be. Today there are MPs from all backgrounds in the Commons – and my election means that female MPs now make up 30 per cent of the total. But I think there are too many party loyalists parachuted into safe seats who aren't connected to the seats they represent. I believe more representative politics could be achieved if we introduce voting reform.

## Social media is now a popular way for politicians to communicate. Is it your friend or foe?

I tend to use it more as a noticeboard to tell people about what I'm doing, rather than as a means of engagement. My main issue is that it's easy to get sucked into spending too long reading and responding to tweets and posts, when I could be doing something more productive.

I have two young children, so when I'm with them, I switch off the phone, the internet and focus on my family. Everything else just fades into the background.

## What does success look like for you in your political career?

It's a bit early to say, especially as I hadn't planned to be an MP, but I think success is having my voice heard and making a difference on issues that are important to my constituents.

## What one piece of advice would you give to your 16-year-old self?

Don't be scared! Stop thinking of all the reasons why you shouldn't do something and just get on and do it. The downsides, though real, are not nearly as bad as you think they're going to be.

## HONG KONG

### *land of opportunity*

*Sally Dellow (Law, 1987) says she has enjoyed feeling 'like a foreigner' since she was a child. The daughter of a military officer, Sally lived in four countries and attended 13 schools between the ages of 5 and 18. She is now Director of Dramatic Difference, a training consultancy.*

After graduating from King's and working in finance for a year, Sally left London and backpacked around America, New Zealand, Australia and South-East Asia before setting up home in Hong Kong in December 1989. Hong Kong is, she says, one of the most fun cities in the world. 'It's not just a dense, high-rise, neon-lit city, it's also green and wild.'

#### A JOURNEY FROM KING'S TO HONG KONG

Sally credits her 'jackdaw career' to a love of travel – and lessons learned at King's. She explains, 'Studying law means I can construct robust arguments and documents, and I'm not afraid of working with big business.' Her law degree also led to her first career as a writer on the Law Society of Hong Kong's magazine *Hong Kong Lawyer*. Subsequently she ran a professional theatre co-operative and the regional operation for an international educational theatre charity.

#### USING DRAMA TO MAKE A BIG IMPACT IN BUSINESS

For the last 15 years, Sally has run Dramatic Difference, with offices in Hong Kong and Singapore, which supports corporate clients across Asia-Pacific through executive coaching, facilitation and theatre-led learning and development. Sally focuses

on 'accelerating potential, developing intercultural leadership, working to build high performance teams and helping organisations with their diversity and inclusion programmes'.

Sally's business approach has been successful, she says, partly due to her company's expertise in the Asia region, but also because they use innovative and interactive approaches to communication and learning. This has put them at the forefront of a shift towards a more open corporate learning culture.

#### LINKS TO KING'S ALUMNI IN HONG KONG

When Sally first arrived in Hong Kong she made connections with fellow King's alumni who were doing legal traineeships; five years ago she was able to set up the 25th anniversary reunion of her law course. She has moderated alumni events in Hong Kong, spoken on a careers panel and is a King's Connect mentor.

#### LEADING A DIVERSE GLOBAL WORKFORCE

Cultural differences still have an impact on how business is done in Asia, says Sally. 'Europe and the US tend to favour extroverts and want people to speak up, but Asian colleagues generally won't 'push themselves into conversation' – even at Board level.' Sally helps Asian colleagues get themselves heard, and she also works with



Western colleagues to develop their listening skills. 'I love facilitating global teams and helping them to communicate more effectively.'

Sally believes that an increasingly global workforce means there is a growing need to create environments that make it easier for people to speak, connect and share ideas with others. 'For decades we've seen organisations invest in building skills; the next generation of leaders will also need to work with diversity and feel able to create psychological safety and bond global teams working virtually as well as face-to-face.'

Sally describes Hong Kong as 'a volatile but resilient place. I love doing business here – people solve problems quickly. As we integrate more with China, the Hong Kongese are creating opportunities while dealing with the challenges of that – they are adaptable. Hong Kong is still a land of opportunity. It's an incredible privilege to live and work here.'

#### TOP TIPS

#### What career advice would you give King's alumni?

'Find something that gives you energy and joy. I count myself lucky because I love coaching and facilitating. And see the world for a bit: meet different people, embrace diversity. It helps you work better with a wide array of colleagues, clients and collaborators.'

FIND OUT MORE ABOUT KING'S MENTORING

✉ [mentoring@kcl.ac.uk](mailto:mentoring@kcl.ac.uk)

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## Are we sleepwalking INTO A

## DIGITAL MENTAL HEALTH CRISIS?

*In today's world, many people work, play, learn, and even find love online. Yet, for all the benefits that our digital world brings, there has been growing concern in recent years that our online lives could be doing more harm than good.*

#ZZZZZZZZ



*Recent press reports about fake news and cyberbullying highlight the potentially negative effects that a life spent online can have, particularly for young people. Here King's experts explore the power and perils of digital technology.*



Does it remain the empowering force it was hailed as when it emerged over 20 years ago? Or is now the time to address the 'e-elephant' in the room: is digital technology damaging our lives?

**MORE SCREEN TIME = LESS SLEEP FOR YOUNG PEOPLE**

Dr Ben Carter, at the King's Institute of Psychiatry, Psychology & Neuroscience (IoPPN) is concerned we are 'sleepwalking into an age where our devices control us'. His research, published in October 2016, shows a link between using electronic devices and disrupted sleep in children and young people.

The work, a review of 20 studies on more than 125,000 children aged 6–19 from across four continents, found that children using devices before bedtime are twice as likely to have sleep problems.

'Young people are particularly vulnerable: around 90 per cent of children have played with tablets or phones in their first year of life. As they grow older, they will mimic their parents who always have a device glued to their hand,' says Dr Carter.

“Young people are particularly vulnerable: around 90 per cent of children have played with tablets or phones in their first year of life. As they grow older, they will mimic their parents who always have a device glued to their hand.”

DR BEN CARTER, KING'S IOPPN

**USING DIGITAL TECHNOLOGY TO REDUCE SOCIAL ISOLATION AND COMBAT STIGMA**

However, the IoPPN's Dr Juliana Onwumere has found that getting people to go online has in fact helped reduce their social isolation. 'Being online is often an extremely valuable experience for many people affected by mental illness because they can chat openly on social forums and share their feelings with fellow sufferers.'

Dr Onwumere launched the first ever online course for carers of people with psychosis, which uses a MOOC (massive open online course) platform, in which users can access information on the symptoms and causes of psychosis, different treatments and the impact of the illness on family relationships and wellbeing. Around 38,000 people in more than 100 countries have enrolled in the last 12 months.

For Dr Onwumere, 'connecting up in this way has helped this neglected but hugely valuable group of carers. If a family member suffers from psychosis it's much harder to talk about than a physical illness – it's stigmatising, and families can be incredibly isolated.'

'Feedback from participants has shown that the course has been really powerful – its online polls, talking heads videos and discussions have made it very engaging,' she says.



Dr Louise Arseneault, Professor of Developmental Psychology at King's IoPPN



“Being online is often an extremely valuable experience for many people affected by mental illness because they can chat openly on social forums and share their feelings with fellow sufferers.”

DR JULIANA ONWUMERE, KING'S IOPPN



**LET'S NOT LET MOBILE PHONES BECOME OUR CHILD'S BEST FRIEND**

However, Dr Louise Arseneault, Professor of Developmental Psychology at King's IoPPN, shares Dr Carter's concerns regarding the potential downside of digital technologies:

'A global aim should be to look at how new technologies are affecting social relationships and whether they're leading to loneliness and isolation. We need to make sure that mobile phones and tablets do not become children's best friends.'

Professor Arseneault is currently looking at the mental health implications of cyberbullying. Her study uses data from 1,116 families with same-sex twins, focusing on 18-year-olds who have experienced peer victimisation and harassment on their phones and other mobile devices.

'Bullying online is often linked to other forms of victimisation which have a cumulative impact on mental health,' she says. 'These include problems at school, at home and in their peer group.'

The long-term impact of cyberbullying is still unknown, says Professor Arseneault, because this is the first generation of children who are victims of cyberbullying. But she warns that her previous research has found negative effects of bullying are felt by people 40 years later: 'people who were bullied in childhood had poorer mental and physical health at 50.'

**USING DATA TO IMPROVE OUR MENTAL HEALTH**

And yet, it is an inescapable fact that digital devices have become essential tools for navigating everyday life, and our digital data is increasingly being used to find out more about us, allowing businesses to market specific goods and services to us on how best to monitor health conditions.

Professor Matthew Hotopf, also of the IoPPN, says analysing this data reveals a great deal about our health: how much we move, sleep and interact with others, at a level of detail which was previously impossible.

He is leading a global project that brings together clinicians with computer scientists and bio-informaticians from across Europe and the US, with the aim of building wearable devices to monitor patients.

Called RADAR-CNS (Remote Assessment of Disease and Relapse for Central Nervous System Disorders), it will use data to better manage and treat depression, epilepsy and multiple sclerosis.

'With illnesses like depression, it's hard to track minor changes in the condition. Combining information from wearable devices that track physical activity, sleep and heart function, as well as information about how sociable an individual is, could help detect whether someone is starting to relapse.'

If successful, Professor Hotopf believes wearable technologies could be used to monitor a range of mental and physical illnesses such as dementia and rheumatoid arthritis.



03.56am

**USING A DIGITAL FILTER ON FAKE NEWS AND ONLINE GOSSIP**

Unquestionably, harnessing digital technology to advance the understanding of medical diagnoses will benefit society. Equally, encouraging the use of online forums and social media as platforms for discussions about mental health appears to be having a positive impact. But is there a possibility that any hard-won progress could be undermined by the increasing distortion of the online information we are offered, what has become popularly known as “fake news”?

Dr Anna Kolliakou, a researcher at the IoPPN, thinks this may be the case. She has been working on a three-year European tech project, PHEME, which automatically tracks the spread of misinformation about mental health issues across social networks and online media.

‘The ability to spot media trends and rumours automatically could provide early alerts of issues that are likely to be raised by mental health service users,’ says Dr Kolliakou. The system offers healthcare professionals a dashboard to search different categories such as dementia or self-harm, and sees how many stories are circulating in the press and on social media, whether the coverage is positive or negative – and how reliable it is.

The next stage is adding daily alerts that will update healthcare professionals on news updates of specific illnesses. Dr Kolliakou believes that developing these types of systems will help healthcare professionals improve the way they tailor their interventions and consultations with clients.

**IS IT TIME TO REGULATE THE GLOBAL DIGITAL PLAYERS?**

Dr Martin Moore, Director of King’s Centre for the Study of Media, Communication & Power, and Senior Research Fellow in the Policy Institute at King’s believes that now is the time for governments to consider digital regulation.

He points to critics who are currently challenging Google about features such as its autocomplete function, which can produce offensive and misleading results during searches, as evidence of growing public pressure for digital regulation.

‘Despite companies like Google and Facebook being transnational, which makes regulation difficult, they do need to be held to account.

‘Over the next two to three years, there will be a public outcry. I hope we will give a lot more thought about how to maintain the good things online while dealing with the significant problems.’

Dr Moore, who was the founding director of the Media Standards Trust, cautions governments to respond in a measured and focused way and avoid knee-jerk reactions that could do more harm than good.

‘This is a huge issue and we need to think creatively and progressively, rather than being regressive.

‘I am not anti-regulation: there is a place for it and it is inevitable. But responding to immediate, individual concerns can produce unwanted repercussions. For example, the current proposal by the German government to fine Facebook €500,000 if they don’t take down fake news in 24 hours could be complicated if Facebook decided to remove all posts relating to the same news item they think is controversial. Such action could introduce a type of censorship.

‘Regulation of the big players would be complicated,’ he says, because they are transnational businesses, but there are other actions that could be taken before governments wade in. ‘The technology giants play a huge role in our lives. Facebook has over two billion users and there are one billion Google searches every day – and they have a responsibility to take action.’

‘For example, all news on Facebook currently looks the same whatever its source: there are no symbols of clear authority and users can’t immediately tell the difference between an unreliable newsfeed and the BBC or The Times. There are simple things Facebook could do to help us navigate by indicating the levels of reliability.’



“With illnesses like depression, it’s hard to track minor changes in the condition. Combining information from wearable devices that track physical activity, sleep and heart function, as well as information about how sociable an individual is, could help detect whether someone is starting to relapse.”

PROFESSOR MATTHEW HOTOPF, KING’S IOPPN



**JOIN THE DEBATE**

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**FAMILY LESSONS**  
*in philanthropy*

*Dr Aron Harilela explains why he is fulfilling his father’s passion for education with a gift to King’s.*

**D**r Aron Harilela is Chairman and CEO of the Harilela Group of companies. The group owns and operates 15 hotels and properties across Hong Kong, China, the Far East, Europe, Canada and the US. A dynamic entrepreneur, Harilela is currently working on plans to add another Hong Kong property to the group portfolio. However, philanthropy also holds an important place in his life plan, and Harilela recently donated £2.5m to the new King's Business School, which aims to develop future business leaders. Harilela credits his late father, Dr Hari Harilela, and his passion for education and desire to make a positive contribution to society, as the inspiration for this gift.

**A PASSION FOR LEARNING**

Harilela's father Hari and his family migrated from British India, to Hong Kong in the 1930s. Hari was just seven at the time. Once settled in Hong Kong, the Great Depression hit the family's fledgling business, and young Hari was forced to leave school. However, his passion for learning continued, and he read a lot to educate himself. When Hari later achieved success, it became his mission for others to have the formal education that he had missed out on.

Harilela and his father were very close. The businessman and entrepreneur cites Hari as his greatest influence in both business and philanthropy. Indeed Harilela followed the guidance that Hari had given him when he took over the family business after his father's death in 2014.

**LONDON'S SPECIAL PLACE**

It was that close bond between father and son that led Harilela to want to invest in education. And London has a special place in his heart: 'London and the UK are very close to me. In fact, London is one of the most forward-looking cities I know. People embrace change and modernity here, much more than in many other cities. My father was also very important to me, and I thought I should make the link with London in more ways than just business.' Harilela cites King's values and international activity as two reasons for supporting the university.

**BUSINESS MAKING A POSITIVE DIFFERENCE**

King's Business School embraces Harilela's passion for multiculturalism. The School is committed to ensuring that business practice makes a positive difference in the service of a global society. International engagement also plays a key role in developing future entrepreneurs. Harilela explains the reasons behind his gift: 'I think the world is becoming more polarised and people are becoming disheartened. I want to show that businesses can benefit society, and we're all working towards the same goals.'

**HIGHER EDUCATION DOESN'T HAVE TO MEAN ELITISM**

While a close association with academic institutions like King's can open up career opportunities, the rising cost of living in London, and academic fees, can be prohibitive for some. Harilela recognises the socio-economic barriers to accessing higher education and believes in creating a level playing field. He explains, 'A lot of young people are forced into low paid jobs, despite having good A-level grades, because their family can't afford higher education.'

'I believe in a meritocratic society, so regardless of where you've been born your intelligence speaks for itself.' This sums up his hope for the School – that it will develop the best leaders based on talent alone and that they will then go on to make a positive impact on society.

**OPPORTUNITY COMES THROUGH EDUCATION**

Harilela's support for education extends beyond King's. One of the charities supported by the Harilela Group is the Intellectually Disabled Education and Advocacy League (IDEAL), which educates young people with learning and behavioural difficulties. The Hong Kong-based organisation works with schools and youth organisations in disadvantaged areas, giving them access to education and training. By supporting IDEAL, Harilela aims to empower young people to forge careers. 'We aim to provide children with the requisite skills so that when they grow up, they can obtain employment,' he explains of his involvement with IDEAL.

**STRENGTHENING KING'S TIES TO HONG KONG**

King's already has a long-standing relationship with Harilela's home nation, Hong Kong. Around 450 students from Hong Kong study at King's and the city is home to around 2,500 King's alumni. Harilela is active in supporting this community, and in 2015 spoke at the King's alumni annual visit to South Asia to discuss entrepreneurial spirit.

Harilela believes that there are benefits for Hong Kong students who choose to study in London. He cites how the pace and challenges of living in London can breed an important drive and ambition in people, which gives students a fresh perspective when they return to Hong Kong. 'King's embraces change and modernity. If a student from Hong Kong comes to King's, embraces those values and brings them back to Hong Kong, I'd be very happy,' he says.

**IN BUSINESS DON'T BE AFRAID TO TAKE RISKS**

As an entrepreneur, Harilela recognises the challenges in preparing students for dealing with rapid change. While business can be taught, he thinks instinct has an important role to play. 'You need to have that gut instinct with entrepreneurship. However, when teaching it, it's important to understand what the trends are, how people are travelling, what the technology is, the new building methods and what people are looking for.'

One of the most valuable pieces of advice he would give to King's students is to be unafraid to take risks. 'Don't worry about making mistakes. Everybody makes them in life. You're always going to have another chance,' he advises.

**RECOGNISING HARILELA'S GIFT TO EDUCATION: PHILOSOPHY ON GIVING**

Harilela's generous gift to the School is dedicated to both of his parents. Padma Harilela, his mother, was also a renowned philanthropist, noted in particular for her activity with the American Women's Club of London. To honour his parents with his gift to King's is a fitting tribute and a way of continuing what they began.

In recognition, King's has renamed the entrance to Bush House as The Padma & Hari Harilela Hall. The space will serve as both an entrance to the building, and a social space for students, academics and business leaders to congregate.



“I think the world is becoming more polarised and people are becoming disheartened. I want to show that businesses can benefit society, and we're all working towards the same goals.”

DR ARON HARILELA

Harilela believes donating to an organisation should have an impact far beyond the cheque. 'I think you just have to give to what you believe in. For me, it's about making a real and positive difference to the charity – injecting life into it – to help them do things that wouldn't otherwise have been possible. I don't want my contribution to be a small drop in a big ocean.'

**A NEW DIRECTION FOR THE HARILELA GROUP**

Harilela is living and breathing the entrepreneurial spirit, as he embraces a change in direction for the Harilela Group. He also shows no sign of slowing down. 'After 40 years in one direction, I'm changing the direction of the company. So the next hotels we'll build will all be called "The Hari".'

He remains closely involved with the daily running of the business. And his passion for teaching keeps him in touch with all levels of his hotels' service. For example, he is currently teaching his concierge staff at The Hari, so they know about the hotel's local area. 'If someone comes and says, "where shall I eat tonight? I've never been to London", I want them to have the answer,' he explains.

With this spirit of innovation, philanthropy and attention to detail, Harilela's impact on business and society is only set to grow.

King's Business School will become its ninth faculty in September 2017 and will move into its new home in Bush House. The move will mark a new chapter in King's history.

Read our feature about Bush House on page 24.

# 1935

## THEN Maxwell Society (Physics)

The Physics Society was established in 1935 by Sir Edward Appleton, who was awarded the Nobel Prize for Physics in 1947 for his experiments in the interaction of radio waves with the earth's atmosphere, conducted at King's.



Sir Edward Appleton and colleagues



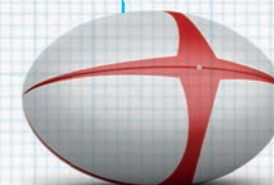
# 1843

## THEN GKT Rugby (Men's) team

Guy's Hospital Rugby Football Club is recognised as the oldest rugby club in the world, being founded in 1843.



An illustration of the Guy's Rugby team from the 1920s



# 1847

## THEN Engineering Society

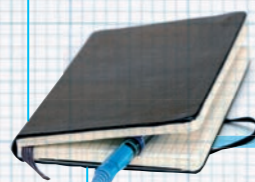
Founded in 1847, the King's College London Engineering Society (KCLES) is the oldest collegiate society of its kind in the world. Former presidents include Cyril Kenneth Bird CBE, better known as the *Punch* magazine cartoonist Fougasse, famous for his Second World War drawings *Careless Talk Costs Lives*.



Cyril Kenneth Bird



One of Cyril Bird's illustrations for a KCLES dinner in 1941



# 2017

## NOW Engineering Society

KCLES is today headed by its first female President, Annie Heijna, who also redesigned the logo to bring the society into the modern day.



Annie Heijna

# 2017

## NOW Maxwell Society (Physics)

The Maxwell Society carries on in the spirit of Professor Appleton, hosting lectures and enriching knowledge. Its members do look a little different than they did in 1935, with a diverse range of members who don't always dress quite as formally as they used to!



The Maxwell Society today

# 2017

## NOW GKT Rugby (Women's) team

GKT Rugby boasts a big membership, and is bolstered by the excellent women's team. The team reflects the crucial contributions of women not only to sport, but to medicine as well.



GKT Women's Rugby team



# Then & NOW

## THE CHANGING FACES OF SOCIETIES AT KING'S

From Nobel Prize winners to famous illustrators, from sportsmen of the past to young people pursuing social justice; student societies have always reflected the spirit of life at King's.

Of course, student life has changed since King's oldest society was founded in 1847, and societies have changed along with it. Today, student societies showcase the best of the King's community in all its diversity, but still retain the same spirit of friendship and inclusion upon which they were founded.

# TODAY AND TOMORROW

*As ever, King's students want to shape the world around them, and student societies reflect the ambition and drive of their members to bring positive change to the world.*



### King's Think Tank

The largest student-led think tank in Europe and London's first student-led policy institute, King's Think Tank publishes its own magazine, *The Spectrum*, and hosts events on issues such as the gender pay gap.

### Hot Chocolate Society

Set up in response to London's growing homeless community, members run outreach sessions for homeless people around King's campuses. They also host fundraising events, such as the alternative tour of London run by Unseen Tours, a social enterprise that employs homeless or ex-homeless guides who lead groups on explorations of different perspectives on gentrification, and hidden spots of London.

**Were you a member of a society during your time at King's? Share some of your lasting memories.**

LET US KNOW ONLINE:

#ForeverKings

alumoff@kcl.ac.uk



“In the end, philanthropy is a very personal thing. Everyone does it his or her own way. It’s what touches your heart. People should be encouraged to follow their own paths. But do something, don’t do nothing. For me, this programme felt right.”

GERALD CHAN

We meet Gerald Chan at Somerset House, and he is a force to be reckoned with. Clearly incredibly bright, one does not have to scratch the surface very much to discover the reasons behind the stratospheric success of the man the *Boston Globe* called ‘the Invisible Billionaire’. His learnedness, his interest in London and King’s, and desire to make a positive difference, are immediately apparent.

Chan set up the Morningside Supper Series last year for students of the Extended Medical Degree Programme (EMDP). The EMDP, in its sixteenth year at King’s Medical School, is a unique medical degree programme designed for students from disadvantaged backgrounds who have demonstrated the potential to complete a medical degree successfully. Most of these students are the first in their families to go to university. The Morningside Supper Series, funded by Chan and named after his family’s foundation, provides a series of supper clubs for EMDP students. The aim of these supper clubs is to give EMDP students the confidence to form professional and personal bonds within the wider medical profession.

We want to understand what drives Chan in his business and philanthropic pursuits and find out what is next on the horizon for the man who already has four university degrees. It turns out that levelling the playing field is high on his agenda.

## LEVELLING THE PLAYING FIELD

*Gerald Chan set up the Morningside Supper Series last year for students of the Extended Medical Degree Programme (EMDP).*

**The Morningside Supper Series helps medical students from less well connected backgrounds meet with their peers, leaders in their field and influencers in Medicine. Where did the idea for the supper series come from, and why do you feel it’s important to connect students in this way?**

I heard about the EMDP a couple of years ago. I went to an EMDP ‘stethoscope’ ceremony and I saw the diversity of this group of students. I thought it was a fabulous programme for widening access to medical school. And what better way to train physicians who are more likely to practice in underserved areas, than to admit students from those areas to medical school?

The original idea for the supper series came from Stuart Carney, King’s former Dean of Medical Education, a fellow alumnus of the Harvard T.H. Chan School of Public Health. Stuart started taking some EMDP students to the traditional London clubs for supper, with a view to making them feel at ease in a social setting that they are not accustomed to.

When Stuart told me what he was doing, it reminded me of a book by Helen Pearson entitled *The Life Project: The Extraordinary Story of 70,000 Ordinary Lives*. The book is about a cohort of 70,000 children born in the UK in 1946. The researchers tracked their lives for the following 70 years. The data showed that all things being adjusted for, children born into privilege simply did better than children born into disadvantage. This was true of their professional, social and personal lives. Clearly, there are determinants of life outcomes that are more intangible. I thought that it would be good to complement the medical education of the EMDP students with opportunities to develop social skills in a setting that is not indigenous to their upbringing.

But I didn’t want this to be just a posh dinner in a swanky London club. I also want them to have access to great minds in medicine and science, hence the distinguished dinner speakers. The access to such great minds is the real privilege.

“I chose to apply for the EMDP programme as it gives intelligent students who do not have the best educational opportunities the chance to fulfil their potential through widening participation. EMDP students are amongst the highest achieving and hard working in the year.”

SECOND YEAR MBBS STUDENT

**The world is changing at a rapid rate – never more so than now it seems. Do you think this political upheaval makes it more important for individuals to try to make a difference to society? What do you think people can do to make a difference?**

I have always thought that both the public and private sectors must do their bit. There is also a place where philanthropy needs to step in. The EMDP is a fantastic example of what the public sector can do, but there are ways to further enhance the programme and the experience of its students.

In the end, philanthropy is a very personal thing. Everyone does it his or her own way. It’s what touches your heart. People should be encouraged to follow their own paths. But do something, don’t do nothing. For me, this programme felt right.

**You were born in Hong Kong, are now a US citizen and clearly have a close connection to the UK. Do you see any difference in the way people from all parts of society are included in different nations?**

Every society has its deeply rooted traditions. Certain characteristics of a society persist through generations. They become part of the culture and the sensibility of that society.

Take a programme like the EMDP. In America, such a programme would likely be challenged all the way to the US Supreme Court. Indeed, the first case brought to the US Supreme Court regarding university admissions – the Bakke case – had to do with racial preference in granting admission to a medical school. In America today, disadvantage is no longer defined only in racial terms. It is the white working class that is most at risk. For them, life chances are diminished and many have lost hope.

I applaud the British sensibility in using programmes like the EMDP to redress inequalities in society. The Morningside Supper Series is meant to express support for the EMDP and to provide enrichment to students in the programme.

**The Morningside Supper Series was initiated last year. What is your hope for these students?**

The EMDP is not about lowering academic standards. First and foremost, the EMDP students must do well academically. I was gratified to hear that the top student in the whole medical school’s graduating class two years ago came from the EMDP cohort.

It would be interesting to see if the distribution of future career choices of the EMDP cohort overlap with the rest of their peers. For example, what percentage of the class goes on to academic medicine and research? Does the EMDP succeed in training physicians who will go on to practice in underserved communities?

**What advice would you give to students?**

For me it’s really about understanding the challenges they face. It’s more about listening to them. I’m fascinated to hear their stories.

**You have four university degrees. Could you see yourself adding another one to the list? If so, what would you study?**

History – 19th and 20th century intellectual history. Another degree will likely remain just an aspiration.

And with that, Chan leaves for his next appointments on his whirlwind trip to London. One thing is for certain, Chan’s involvement with the EMDP and Morningside Supper Series is something that he feels invested in and he cares about the future of these students. As if to reinforce the point, his parting comment is ‘I haven’t done much – I’d love to go to one of these suppers!’

### WIDENING PARTICIPATION AT KING’S

The Extended Medical Degree Programme is part of the Widening Participation Unit at King’s. Its aim is to increase access to university for under-represented groups. This includes under-represented black and minority ethnic people, white working-class men, asylum seekers and refugees and students with disabilities. The unit engages with these groups from school age all the way to graduation. This includes delivering outreach to local students to encourage higher education participation, ensuring a fair and open admissions process, providing a positive student experience and delivering tailored support to improve the employability of these students.

We ask King's alumni and entrepreneurs to share some words of advice and talk about their own experiences.

# MAKER'S MARK

*Cynthia Salim, founder and CEO of ethical women's workwear brand, Citizen's Mark and one of Forbes 30 under 30 for Retail & Ecommerce.*

Alumna Cynthia Salim (MA Human Values and Contemporary Global Ethics, 2011) is a former policy advocate and consultant, turned Founder and CEO of ethical women's workwear brand, Citizen's Mark.

Cynthia was recently recognised as one of Forbes 30 under 30 for Retail & Ecommerce, and has also received recognition from The World Policy Institute for her leadership in sustainability. We caught up with her about the experiences and values that inform her decisions, and her vision for an inclusive and sustainable future in business.

**Citizen's Mark is both a high-end brand for professional women and a business committed to ethical production. What experiences inspired this philosophy?**

After King's, I landed my dream job in policy advocacy at the United Nations in Geneva, Switzerland. I looked around and saw that the male interns always looked so sharp in their suits, but my female peers and I had to fight through the clutter to find clothes that achieved the same results. As I transitioned into consulting and met more professional women, I realised that despite seeming small, this was actually a substantive problem that took up our time and mental space. It was very much a social justice issue, and it was clear to me that consumers care about all kinds of social justice issues, from women's advancement, to how women are represented by fashion brands, and how they're treated in the global garment industry.

**You've received wide ranging plaudits for Citizen's Mark so far, what do you see as the greatest opportunities and challenges for your business going forward?**

Citizen's Mark is one of the first brands that focuses on 'boardroom-worthy' ethical fashion, and being first is certainly a tremendous opportunity. Our everyday challenge is exactly that – how do you make ethical fashion look sharp? We think we do a decent job, but it's certainly limiting when not many materials and suppliers meet our standards for sustainability and premium quality.

**You've lived in many different countries. Do you think your experiences have given you a global perspective and shaped your entrepreneurial spirit?**

I grew up in both Jakarta and Los Angeles, and then lived in London, Geneva, New York, and Berlin. Building a new life from scratch every few years taught me how to figure things out very quickly. That's very much contributed to my entrepreneurial spirit. It also gives you wider perspective of life. Being part of a dominant culture in one place and a foreigner in another builds your capacity to listen, observe, and understand.

**What lessons did your time at King's give you to take forward into the professional world?**

What I learned about international justice and corporate responsibility during my programme still informs my work at Citizen's Mark in a very concrete way, on a day-to-day basis. I walked away from King's with decision-making abilities that are unique to a graduate of a programme like *Human Values and Contemporary Global Ethics*, and that makes me a different kind of private sector leader.

**What advice would you give to our female alumnae, who might also be considering starting out in business?**

I find that women are more likely to wait until they're 'truly ready' before launching or putting something out in the world, because the reality is that we don't get the benefit of the doubt if something goes wrong. But you can't become ready unless you get out there. The smartest thing any new entrepreneur can do is to figure out how to test-run things, fail, and learn, while preserving your reputation and your ability to keep moving.

**What more do you think could be done to encourage greater diversity in business?**

It's people in positions of power and influence that need to get involved in diversity. If you've never had to think about inclusion because it hasn't affected you, then you're probably in a position of privilege. I've been an activist before, but now that I'm mostly the decision-maker, I look for my blind spots and how I can be more inclusive, whether it's in my hiring preferences, product sizing options, or choice of models for Citizen's Mark campaigns. That's what we should be thinking about and asking as we rise into leadership positions – what are my blind spots?

**What do you think about the future of ethical production? What more do you think needs to be done to ensure sustainability in business?**

I'm hopeful about the future of ethical production. There is increasing demand from consumers and customers, which matters as it influences brands and suppliers to innovate. So it is more important than ever to continue to speak up as citizens in favour of making the world a better place.



# KING'S OPENS FOR BUSINESS AT BUSH HOUSE



King's Business School is scheduled to move into Bush House, once the hub of the BBC World Service, in September 2017. The move not only creates an entire new campus space for King's students and staff, but also integrates the brand new faculty with an iconic piece of London architecture, bringing both King's and Bush House into a new era of development.

## KING'S NEW FACULTY TAKES CENTRE STAGE

Stephen Bach, Head of the King's School of Management & Business outlined the ambition for the School which will become

the King's Business School on 1 August 2017, 'our goal is to develop socially responsible, entrepreneurial leaders, with an innovative undergraduate offering forming the core of King's Business School.' The aim is to increase student intake from the current 1,700 students to around 2,400 over the next three years, with the launch of a number of new programmes.

Entrepreneurs, business experts and industry leaders will play an increasingly important role in delivering innovative education as 'Professors of Practice'. To date the School has five Professors of Practice involved in research projects, facilitating

industry contacts, teaching and providing mentoring.

'An imaginative step' is how Darren Wallis describes King's Business School's move to Bush House. It's one of the main reasons he joined King's last year as Chief Operating Officer for the new faculty.

'This is an exciting development for King's', adds Professor Evelyn Welch, Provost & Senior Vice Principal (Arts & Sciences). 'This is our first new faculty in many years and we'll be changing the make-up of what has been a well-established and fairly static business school landscape in London.'

## AN ICONIC BUILDING IN THE HEART OF LONDON

King's Business School will be in the centre block of Bush House. One of the most iconic buildings in London, it was completed by US architect Harvey W Corbett in 1919, for American businessman Irving T Bush, as a trade centre.

'At that time it was progressive to design an open plan building. This now lends itself to education, because you can chop up floors without affecting the structure,' says Frank Rogers, Project Director of the refurbishment.

Bush House will offer a mix of public spaces, too. These include the Arcade on the Bush House

Bush House when it was first built in 1919



entrance, which will be restored back to its former glory and used as galleried retail space for culture and exhibitions. The courtyard in the middle of the building, the 'Undercroft', will house a new Students' Union space, and King's Food restaurant will stand where the BBC World Service's canteen once was – said to be the inspiration for the Ministry of Truth canteen featured in George Orwell's *1984*. The terrace on the top floor has one of the best views in London. 'You can see the bend in the Thames and every iconic building in London' says Project Director, Frank Rogers. 'It is a wonderful space, light and airy.' There are also wonderful views on the North Terrace, looking up Kingsway, and the Southern Terrace overlooking the church of St Mary le Strand.

## A CREATIVE SPACE FOR FLEXIBLE LEARNING

Anticipating changes in learning styles is at the top of the design agenda for Bush House. Learning spaces have optional walls and removable partitions to allow for an increase in capacity of up to 80 students. This flexibility allows for greater choice in how learning is offered, which, notes Frank Rogers, is far more tailored and responsive to teaching needs.

'We are no longer building just classrooms because there is far more to education than sitting in front of a blackboard.

We have a lot of multi-purpose space where you can hold receptions, seminars, teach from, or use as breakout space. That has given the building a vibrant cosmopolitan feel, so people aren't just stifled in little boxes.'

Already the building is busy from 07.30 to 22.00 and new visitors stop and stare as soon as they enter and see the double-height ceilings with their elaborate cornicing, travertine floors and the bright brass thread running down the wall.

## FORGING STRONG RELATIONSHIPS

Along with the competitive advantages offered by a revamped Bush House, Stephen Bach believes King's has a number of unique benefits that put it in a privileged position. 'We are a world-class, multi-faculty and multi-disciplinary university with huge potential to connect and collaborate on projects across faculties. This gives us potential routes into exciting education and research initiatives that are not available to many other business schools.'

Darren Wallis adds that Bush House will give King's 'an extra degree of connectivity into business, industry, and society more broadly, complementing King's existing engagement with government, policy, the professions and the



cultural world, and thereby differentiate King's from other business schools.'

Professor Evelyn Welch explains: 'Plans are in development for a programme of activity to herald the School's arrival on the London business school scene. We want to raise our profile, showcase our impact on business and society and establish our credentials as a leading business school, and would love to engage with our alumni as part of this, so watch this space.'

Read our interview with Dr Aron Harilela on King's Business School on page 17.

SHARE YOUR BUSH HOUSE MEMORIES ON OUR SOCIAL MEDIA CHANNELS

 @KCLalumni

## KEY FACTS

### Did you know?

- Bush House has a 100-foot tall north-facing arch crowned by a sculpture of figures of Britain and America united in friendship with the inscription 'To the friendship of the English Speaking Peoples'.
- In 1929, Bush House was called 'the most expensive building in the world', reflecting its construction cost of about £2 million.
- While at Bush House the BBC World Service communicated in over 40 languages with more than 200 million listeners around the world, earning it the name: the 'United Nations of broadcasting'.
- Famous wartime broadcasts from the building include those by General De Gaulle to the Free French and Winston Churchill.
- George Orwell was a producer with the BBC Eastern Service between 1941 and 1943. The canteen described in the Ministry of Truth in Orwell's book *1984* is said to be based on the one at Bush House.

Before Bush House was built, the site held temporary buildings for soldiers during the First World War



## GREATER THAN THE SUM OF THEIR YEARS

### Joyce & Gordon Baldock

*Joyce Baldock (née Beer) and Gordon Baldock (both Mathematics, 1948) met at King's in the years following the Second World War. They married in the year of their graduation, and have remained happily together ever since. They will celebrate their 70th anniversary next year.*

**GORDON:** During our time in London it was just after the war, and there was strict rationing. I was living in a grotty place on Marchmont Street in Bloomsbury.

**JOYCE:** And I was actually living outside London in Teddington with my sister, in an apartment. I came into university on the train. We first met at the University, where we were both studying Mathematics. We were in the same class, but Gordon didn't join until second year.

**GORDON:** We often went down to a pub called Finchey's, right by the entrance to King's. All the lads in the class used to go down there, but not usually the women. Joyce came with me a few times and they called her one of lads, because she used to like to drink beer. She was no ordinary woman, and didn't want to drink the fashionable women's drinks.

**JOYCE:** There was only one other girl in the Mathematics class with me, far more men, but we were a very tight group, there were only a dozen or so of us, so we tended to stick together. We weren't the only couple to marry!

**GORDON:** Things were very different back then. At one time, I remember the local grocer told us she'd got something under the counter for us – and produced a banana. They hadn't been seen in England since the war began, she gave Joyce the banana and we took it home and put it down especially on the dinner table. Our friend at the time, Harry Diamond, who was to become a well-known photographer, then came in and ate it. I remember Joyce didn't get along with Harry Diamond so well after that!

“ We've been married nearly 70 years, but there's no secret, we've just been very happy together. ”

JOYCE BALDOCK



Gordon and Joyce (back row, third and fourth from right)



**JOYCE:** We were also very fond of a Welsh lecturer called TV Davies – he invited us to come down to his house in Surrey to have a meal with him and his wife. We kept in touch with him for some time after leaving King's.

**GORDON:** After graduation, I studied for a postgraduate course at King's, and emerged with two years towards a PhD, but left to get a job in Liverpool as a lecturer at the University. I stayed there until I retired.

**JOYCE:** I became a Maths teacher for a number of years, before I had my children. Later on, when we tried to get our son into school we were told there was no room unless you knew one of the teachers – we didn't, so I went back and started teaching there myself. We've been married nearly 70 years, but there's no secret, we've just been very happy together. He's just so nice.

**GORDON:** Only once has she thrown anything at me, a cup, I've since forgotten what I'd done to deserve it. We've never really argued all that much.

**JOYCE:** We didn't have time to argue once we had all our lovely children!

Joyce and Gordon live together in Liverpool, and were able to share their story with the help of their grandson Michael and his partner Clare.

SEND US YOUR 'WE MET AT KING'S' STORIES:

✉ [alumoff@kcl.ac.uk](mailto:alumoff@kcl.ac.uk)

## A GATHERING OF GLOBAL MINDS

### Lauren Kienzle & Moovr

*Lauren Kienzle (MSc Political Economy of Emerging Markets, 2016) met a group of like-minded entrepreneurs during her time at King's. Now, they are on a mission to give people in rural Africa a route to lift themselves out of poverty via the organisation they co-founded, Moovr.*

I'm originally from New Jersey, and spent nine years working in Washington DC before coming to start my Master's in 2016 – which is how I met the co-founders of Moovr. There are five of us in total: myself, Dima Alazzi, who is from Syria, James Middleton who is Australian, Olivia Spaethe who is French and manages our marketing when she is not working in Senegal, and Jon Campbell, who heads up our research.

We met at the Department of International Development, during a Social Entrepreneurship Workshop. We are all passionate about moving development away from traditional aid and towards

helping people to help themselves, and that's how the idea for Moovr came about.

#### SPOTTING THE OPPORTUNITY

In places like Kenya, where there are large rural populations, livestock often has to be walked long distances to the nearest market. Even if everything goes well, farmers arrive at the market with livestock having lost up to 30 per cent of their body weight. Current transport options charge very high prices, and can be hard to access, so farmers are forced to accept low prices for their produce.

All the co-founders of Moovr share interests in both sub-Saharan Africa and the uses of technology for development. Kenya is something of a tech hub in the region, and we were aware of the struggle for access to markets from our studies at King's – so the idea formed around how can we give people better access to physical marketplaces in the country.

The basic concept of Moovr is to connect with trucking services that are reliable and honest, and store them in a database according to their routes and



“ Kenya is a tech hub in the region and we were aware of the struggle for access to markets from our studies at King's. Moovr is like logistics for livestock. ”

LAUREN KIENZLE

capacities. We can then match these trucking services with farmers in need, and both parties can communicate with us via mobile technology. We can create opportunities for truck drivers and farmers alike.

#### SUPPORT FROM KING'S

Entrepreneurship can be really hard, and you need like-minded people to support you when you get discouraged. If you have a dedicated group who believe in the mission then that's the key. We all believe in the power of giving people the tools to

help themselves out of poverty, and this is a way we can enact a lot of change and this has been the biggest passion of the project. That's the key, you have to have passion.

We wouldn't have come together and been able to do this without King's. It's a community, and if we ever have issues or challenges we know we can come to the King's Entrepreneurship Institute and King's20 Accelerator and always rely on that support network.

Lauren and the Moovr team were able to travel to Kenya to continue their work on the ground thanks to the support of Stefan Allesch-Taylor CBE, Professor in Practice at the Entrepreneurship Institute.

Stefan has also established the Allesch-Taylor Scholarship for Entrepreneurship. The Scholarships are open to ventures on the King's20 Accelerator programme, whose teams are made up of King's students, staff and alumni from the past seven years.

FOR MORE ABOUT THE ENTREPRENEURSHIP INSTITUTE VISIT:

✉ [kcl.ac.uk/innovation](http://kcl.ac.uk/innovation)



## THE PRESSING NEED *for a mascot*

*The Revd Canon Professor Richard Burridge, Dean of King's College London, shares the ups and downs of our favourite lion – and reveals how a great battle led to the creation of our cherished mascot.*

As the Dean of King's College London, I always greatly enjoy being invited to alumni events and catching up with so many old friends, former students and colleagues. Such convivial gatherings are often enlivened by my attempts to persuade alumni to wear their red lion Reggie badges, which the Alumni Office presents to guests at such events, correctly in the vertical position, rather than horizontally across the lapel. But why does it matter?

### A GREAT BATTLE ENSUES AND REGGIE IS BORN

The origins of Reggie lie in a series of 'battles' between students from University College London (UCL) and King's, which mostly involved kidnapping each other's mascots.

In 1922, King's rugby players and engineers created a six-foot high papier mâché beer bottle entitled "Bottled Youth" in response to UCL's statue of a Scots Infantryman, stolen from a local pub. However, some of King's female students objected to this creation and suggested using something 'in keeping with King's coat of arms', which features a royal lion standing on a crown. The lion, they said, was more befitting of King'.

And so this call for a more appropriate symbol of King's led to the purchase of a red lion, which was initially called 'Rex' (the Latin word for 'king'). Finally, at a special meeting of the King's College Union Society in December 1923, the copper lion was officially adopted as the King's mascot and christened 'Reggie', which suggests 'enthusiasm'.



“It is Reggie who reminds us of our royal foundation and also conveys our sense of fun and joie de vivre.”

THE REVd CANON PROFESSOR  
RICHARD BURRIDGE

The renowned cartoonist, Cyril Kenneth Bird FKC (Engineering, 1908), who was a president of King's Student Union, often depicted Reggie wearing a crown and standing proudly on top of a tall pile of books. But Bird's lasting image is of Reggie standing upright, balancing on his front left paw on the lamp of knowledge, waving his hind legs and tail in the air with a joyous grin on his face.

Bird was injured by a shell at Gallipoli in 1915, which is why his pen name is *Fougasse* (which is French and translates as 'a small landmine which might or might not hit its target'). Bird went on to become editor of *Punch* and to design all the famous *Careless Talk Costs Lives* posters in the Second World War, as well as posters for London Transport and British Airways.

It is Bird's cartoon of our beloved mascot that inspired our red lapel badges of Reggie that we have today.

It is Reggie who reminds us of our royal foundation and also conveys our sense of fun and joie de vivre: our mascot balancing upon the illumination of knowledge, waving a tail in the air – and always coming up smiling!

So let me encourage you, dear alumni, to wear Reggie as he should be: in the vertical position.

The Revd Canon Professor Richard Burridge, Dean of King's College London proudly lives close by in the appropriately named Red Lion Street.

FIND OUT MORE ABOUT REGGIE AT:

[alumni.kcl.ac.uk/reggie](https://alumni.kcl.ac.uk/reggie)

## SUPPORTING OUR STUDENTS

*King's is committed to attracting the brightest students from across the globe. Sadly for some, their place at King's can become threatened by financial insecurity.*

Students can find themselves in financial difficulty due to a sudden change in circumstances, such as health problems, or family issues like divorce or bereavement. Students from disadvantaged backgrounds are also far more likely to succumb to financial difficulties. The cost of living as a student in London is still increasing, forcing some students to consider leaving university altogether.

Thanks to alumni donations, this wasn't the fate of Charlie, Susie and Elizabeth. All three are King's students who were able to continue their studies this year, thanks to the Student Hardship Fund. The Fund provides financial aid to students in need, and is supported by alumni donations.

“Words cannot describe how grateful I am to the King's alumni who made this possible.”

SUSIE, NURSING STUDENT

### CHARLIE, EUROPEAN STUDIES

'Coming from a single-parent, low-wage family, university funds were extremely tight. Being the first in my family to go to university is a personal achievement, and the hardship fund has helped me to focus on my studies and succeed.

'I now have more time to focus on my passion for writing – I have founded a magazine with my friends at King's. After finishing my BA in European Studies, I hope to graduate and continue to study for a Master's degree in politics.

'To those alumni who have donated: your support has not only afforded me the chance and privilege to study at King's. It has also allowed me to create memories, take new opportunities and absorb knowledge. Thank you.'

### SUSIE, ADULT NURSING

'Sadly after only six weeks attending King's, my daughter and I found ourselves without anywhere to live. My personal tutor put me in touch with student services, who helped me submit an application to the Hardship Fund. I was completely overwhelmed to receive financial support from my university.

'Words cannot describe how grateful I am to the King's alumni who made this possible. The support has enabled me and my daughter to rebuild our lives, and has allowed me to continue to study for my dream. My life has changed for the better thanks to this gift, which has paved the way towards a happier life for me and my family.'

### ELIZABETH, MEDICINE

'I sometimes felt overwhelmed trying to keep on top of the workload that comes with studying Medicine and working in a part-time job. I was constantly worrying about my next rent payment. The bursary I received from the Hardship Fund has lifted a massive weight off my shoulders. It has freed me from excessive shifts at work, allowing me to focus my spare time on my studies and developing my skills as a medical practitioner.

'I am so passionate about my subject, and am so grateful for the opportunity to train for my dream job.'

Support students like Charlie, Elizabeth and Susie today.

FIND OUT MORE AT:

[alumni.kcl.ac.uk/studenthardship](https://alumni.kcl.ac.uk/studenthardship)





THE INDEPENDENT

## Parent-led therapy in autistic children can help reduce core symptoms long-term, study shows

Parent-led therapy shows long-term benefits for children with autism. A study into new parent-led early intervention therapy, designed to help communication with autistic children, has shown evidence that it reduces the condition's symptoms, six years after participating in a trial. Published in *The Lancet* and funded by the Medical Research Council, the study was led by King's, the University of Manchester and Newcastle University, and found children who received the intervention between the ages of two and four had less severe symptoms six years later, with improved social communication and reduced repetitive behaviours.



WASHINGTON POST

## Shrinking territory contributes to significant drop in ISIS funding

Islamic State's income has more than halved since 2014 from \$1.9 billion to \$870 million due to its shrinking territory in Syria and Iraq and subsequent losses of significant sources of oil and tax revenue. This is according to a new study by the International Centre for the Study of Radicalisation (ICSR) and Ernst & Young. The ICSR director Peter Neumann stated the research showed evidence of failure of the ISIS business model, but he also said: 'Whilst this is evidence that efforts to combat such streams of revenue are succeeding, it is far too early to declare victory.'



NEW SCIENTIST

## London breaches air pollution guidelines for whole of 2017 during first week of January

Monitoring by the London Air project at King's showed that air pollution levels had been breached by 9pm on Thursday 5 January 2017. Later in the month, air quality alerts were issued by Mayor of London, Sadiq Khan. Limits set by the European Union demand that the maximum hourly concentrations of nitrogen dioxide, which is largely caused by road traffic in towns and cities, breaches the limit for no more than 18 hours a year. The pollutant is linked to heart and lung conditions and even premature death.

# MAKING HEADLINES

*King's has been making headlines around the world, from experts offering commentary on world events, to the life-changing impact of King's research. We've chosen a small selection of the stories you may have missed.*



NEW STRAIT TIMES, MALAYSIA

## Most people with depression receive inadequate treatment

The vast majority of people with depression across the world are not receiving adequate treatment for their condition, according to a new study of more than 50,000 people in 21 countries by King's, Harvard Medical School and the World Health Organization (WHO). According to the research, just one in 27 in the poorest countries receive adequate treatment.

The situation isn't much better in wealthier countries, where only one in five people with depression have access to adequate treatment. Professor Graham Thornicroft from the Institute of Psychiatry, Psychology & Neuroscience (IoPPN) at King's said 'Providing treatment at the scale required to treat all people with depression is crucial... from a moral and human rights perspective, and to help people to be fully productive members of society.'



BBC NEWS

## Cognitive test forecasts children's futures

A study led by King's researchers analysing the lives of nearly 1,000 people from birth to age 38 shows that a small portion of the population accounts for the majority of social costs including crime, welfare dependence and healthcare needs in adulthood.

However, researchers also found they could have predicted which adults were likely to incur such costs as early as age three based on assessments of 'brain health', giving them hope that early interventions could avoid some of these social costs. Professor Terrie Moffitt from King's explains: 'Being able to predict which children will struggle is an opportunity to intervene in their lives very early to attempt to change their trajectories – "for everyone's benefit".'



HUFFINGTON POST

## Talking Therapy can help rewire the brain

A new King's study from the Institute of Psychiatry, Psychology & Neuroscience (IoPPN) shows that cognitive behavioural therapy (CBT) can help to rewire the brain by strengthening specific connections within it. The King's study, published in the journal *Translational Psychiatry*, shows for the first time the positive effects of the "talking therapy" that involves people changing the way they think and behave by talking to a therapist, on psychotic symptoms and how it can aid recovery for up to eight years after treatment. Lead author, Dr Liam Mason said: 'This research challenges the notion that the existence of physical brain differences in mental health disorders somehow makes psychological factors or treatments less important.'



THE TIMES

## Uncovering the truth about King George III

King's and The Royal Archives launched an online portal for the Georgian Papers Programme in January, giving academics and the public access to over 33,000 personal documents relating to King George III for the first time.

King's scholars involved in the Georgian Papers Programme also featured in a BBC Two documentary *The Genius of the Mad King*, explaining that there was more to him than his apparent madness. Andrew Lambert, Laughton Professor of Naval History at King's, told the documentary: 'He was processing knowledge on a proto-industrial scale as a part of his role. He was the best informed Chief Executive this country has ever had.'



EVENING STANDARD

## King's academics offer new insight on Brexit

King's academics hosted a breakfast briefing for journalists in reaction to Theresa May's speech in January on the Government's negotiating objectives for Brexit. The briefing follows the publication of a paper in November 2016 from the King's group, UK in a Changing Europe, examining the constitutional, legal and bureaucratic challenges involved in Brexit and warning that its complexities could overwhelm Parliament.

The discussion focused on what happens after Article 50 of the Lisbon Treaty is triggered, with Professor Vernon Bogdanor urging journalists to lobby the Home Office to simplify procedures relating to permanent residence.

Professor Sir Robert Lechler said: 'My major concern is the impact on people, especially the many talented EU nationals here at King's. We must do all we can to support the government with Brexit so we can continue to retain and recruit the very best talent at this university.'



THE DAILY TELEGRAPH

## Study reveals resistance toward standing guidelines

A new King's study reveals significant public resistance and misunderstanding surrounding the UK's first health guidelines on standing and becoming more active in the workplace. The 2015 guidelines published in the *British Journal of Sports Medicine* were written as a response to mounting evidence on the health risks of prolonged sitting. The guidelines recommend office workers should stand or walk for two hours a day. However, the new study into the response to media coverage of the guidelines, conducted by King's, Brunel University London and Anglia Ruskin University, revealed confusion and misunderstanding about the benefits of modifying working habits.

Dr Benjamin Gardner, lead author from King's, said: 'These comments provide a valuable glimpse into responses that may face employers or public health professionals who try to encourage people to stand more in the workplace.'

## ALUMNI EVENTS

King's is proud to present a diverse calendar of events for our alumni community, including what you've all been waiting for, full details of our Alumni Weekend 2017.

### ALUMNI WEEKEND 2017

Friday 9 June – Sunday 11 June 2017

King's College London, and the institutions with which it has merged, has always been at the heart of groundbreaking research, innovation and world class teaching. Alumni, staff and students have made outstanding changes to the world as we know it and it's that ethos of service before self which most prominently stands out at King's: simply put, trying to make the world a better place.

This year, we invite you to celebrate those exceptional King's individuals who have changed the world from the past, present and future at our 14th annual Alumni Weekend – with the theme of Change Makers.

Join us for a series of exciting events from 9–11 June 2017, including:

- Step back in time on a guided tour of the Strand campus and explore King's past or discover what's new on the Guy's campus in a student-led tour.

- Visit the university's archives and learn about the unsung heroes of King's past from the first batteries in space, to DNA discovery.
- Catch up and reminisce with your classmates at the Principal's Lunch or the Afternoon Tea.
- Take part in a workshop hosted by Dr Daniel Glaser, Director of The Science Gallery, or attend a lecture by Dr Shiraz Maher, one of the world's leading experts on radicalisation.

**Alumni Weekend 2017 will have something for everyone so book your place today and discover the Change Maker in you.**

**Visit:** [alumni.kcl.ac.uk/alumniweekend2017](http://alumni.kcl.ac.uk/alumniweekend2017) or call us on +44(0) 20 7848 3053



### REUNIONS

#### Class of 67 – Joint School of Geography 50 year reunion in Poole

Wednesday 27 September – Friday 29 September 2017

Join the Class of 67 at The Harbour Heights Hotel, Poole exactly 50 years to the day from when they first met at Beatrice Webb House. On Wednesday 27 September there will be a two-course hot buffet dinner followed by a quiz and on Thursday a three course meal in a private room of the hotel. The Harbour Hotel has good views, with accessible walks and ferry trips nearby.

Book directly with the hotel on 01202 609128 with the booking reference GAHH000312 JSS Class of 67. For further information email Jane Westaway: [jwestaway@blueyonder.co.uk](mailto:jwestaway@blueyonder.co.uk)

#### John Fry Reunion Lunch

Wednesday 11 October 2017

Held in memory of the eminent GP John Fry, this annual reunion event – for alumni who graduated from Guy's between 1930 and 1986 – is a wonderful opportunity to return to Guy's campus and reunite with classmates and friends. The reunion will begin with drinks, and will be followed by a three-course lunch. Details will be available later in the year from the Alumni Office.

#### Annual History Lecture

Thursday 16 May 2017

Join us on the Strand Campus for the 10th Annual History Lecture. This year's lecture will explore Gender and History with guest speakers Professor Laura Gowing, Professor of Early Modern History, Dr Christopher Dillon, Lecturer in Modern German History, and Dr Alana Harris, Lecturer in Modern British History. A reception will follow.

#### Connect US Alumni Events

We will be visiting the East Coast of the US in summer 2017 for a series of alumni events. Further details will be shared soon on our website.

#### KCLA Annual Dinner and AGM

Friday 10 November 2017

KCLA is the alumni association for all former students, staff and friends of King's and the institutions with which it has merged. Join us in November at the House of Lords, for the Annual General Meeting, Council elections and Annual Dinner. Details will be available later in the year from the Alumni Office.

#### King's College Hospital Medicine, 1962

Wednesday 18 October 2017

Dr Martin J Cane will be organising a reunion. For further information email: [reunions@kcl.ac.uk](mailto:reunions@kcl.ac.uk)

#### Guy's Medics 1957, 60th Anniversary Reunion

Wednesday 6 September

Contact Dr Ian Jessiman for further information: [imcdj@doctors.org.uk](mailto:imcdj@doctors.org.uk)

#### Would you like to organise a reunion?

FOR MORE INFORMATION ON ALL THE ALUMNI-LED REUNIONS OR TO ORGANISE A REUNION EMAIL US AT:

[reunions@kcl.ac.uk](mailto:reunions@kcl.ac.uk)

## ALUMNI BENEFITS & SERVICES

If you studied at King's, or at one of the institutions with which it has merged, you are entitled to many great benefits.

FOR MORE DETAILS VISIT US AT:

[alumni.kcl.ac.uk/benefits](http://alumni.kcl.ac.uk/benefits)

OR CALL US ON:

+44 (0)20 7848 3053



#### Become a mentor

Use your own experience of the working world to help guide your mentee to reach their full potential. Mentees can search for suitable mentors and approach you via the online platform, King's Connect.

#### Associateship of King's College London

Alumni who missed out on the Associateship of King's College (AKC) while they were students can now study for their AKC through a distance learning programme. Alumni can now participate in the three-year programme, at a cost of £500 per year.

#### Alumni Online

Our new-look Alumni Online website is a great way to stay in touch with King's and your friends from university. You can also register for our email newsletters, so news from King's goes directly to your inbox.

#### Modern language courses

King's is proud to offer a programme of part-time evening courses, and a choice of 24 different languages, through the Modern Language Centre. Alumni can save up to £138 by signing up for three terms.

#### Free access to JSTOR

King's offers Alumni Online members access to a huge range of online academic works and resources via our subscription to JSTOR – completely free of charge.

#### Use the university libraries

The university's libraries are available for alumni to use; reading in the libraries is free and you can borrow books and materials for an annual fee of £60. More information is available on Alumni Online.

#### King's email address

As a member of Alumni Community, you can set up a King's specific forwarding account for professional and personal use – a great way to maintain a constant email address even if you change service providers.

#### Discounted theatre tickets

King's alumni now have access to a range of great theatre offers at selected theatres across the UK run by the Ambassador Theatre Group.

#### Keep fit at King's

King's Health and Fitness Centre offers alumni an affordable training facility conveniently located five minutes from Waterloo. Alumni receive a discounted rate. To learn more about the centre, please call +44 (0)20 7848 4650.

## A NOTE FROM THE KCLA CHAIRMAN



The Alumni association represents all alumni in college affairs and aims to encourage continued alumni involvement and networking.

Annual alumni events include: Duel Day (March); the KCLA address (speaker Fields Wicker Muir in April), the sports dinner at the Oval, the alumni games (October), and the AGM and annual dinner at the House of Lords (November). The Alumni Office organises Alumni Weekend in June and many other faculty-specific alumni events. All alumni are welcome to attend any of our events and we would also like to hear your views on any matters involving alumni and the College.

Sport is a vital link between past and current students so we work with King's Sport and KCLSU to support continuing alumni activities in hockey, rugby, netball, cricket, football and other sports. We would like to see more alumni participating in sport and also cultural activities including music, theatre and choirs. Do stay involved with your university and other alumni.

**Professor Stephen Challacombe**  
(Dentistry, 1969)

GET IN TOUCH:

[stephen.challacombe@kcl.ac.uk](mailto:stephen.challacombe@kcl.ac.uk)

FOR MORE DETAILS VISIT US AT:

[alumni.kcl.ac.uk/events](http://alumni.kcl.ac.uk/events)

## NEW APPOINTMENTS & COMMENDATIONS

### NEW APPOINTMENTS AT KING'S

#### Lord Peter Ricketts

Lord Ricketts, former Permanent Under-secretary of the Foreign and Commonwealth Office and the UK's first National Security advisor, has joined King's as a Visiting Professor in the School of Security Studies. This comes at a significant time for the recently established School.

#### Honorary Doctorates

Honorary doctorates have been awarded to the following distinguished individuals: Professor Thomas Jessell FRS, an internationally renowned neuroscientist who is the Claire Tow Professor in the Department of Neuroscience and the Department of Biochemistry and Molecular Biophysics at Columbia University.

Professor Mona Siddiqui OBE FRSE, Professor of Islamic and Interreligious Studies at the University of Edinburgh. The 9th Duke of Wellington OBE DL,

Chairman of the King's College Council from 2007 to July 2016. An elected representative Hereditary Peer in the House of Lords and a former Member of the European Parliament. Professor Ke Yang, Executive Vice President of Peking University and a distinguished cancer researcher.

#### Professor Sir Simon Wessely

King's was awarded the first ever Regius Professorship of Psychiatry by Her Majesty The Queen, to mark the Diamond Jubilee in 2013. From 1 February 2017, Professor Sir Simon Wessely of the Institute of Psychiatry, Psychology & Neuroscience (IoPPN) has taken up this unique and prestigious role. Regius Professorships are awarded to reflect the national and international recognition of excellence in research.

Sir Simon's appointment reflects the special partnership



Professor Sir Simon Wessely

between King's IoPPN and the Maudsley Hospital, which has fundamentally changed the science of psychiatry.

#### Professor Reza Razavi

Professor Reza Rezavi has been promoted to Vice President and Vice Principal (Research) at King's. He is also the Leader of the Imaging and Biomedical Engineering Clinical Academic Group,

Professor of Paediatric Cardiovascular Science at King's College London and Consultant Cardiologist at Guy's and St Thomas'. Professor Razavi qualified in Medicine at St Bartholomew's Medical School in 1988 and later trained in Paediatrics and Paediatric Cardiology. His research is in imaging and biomedical engineering related to cardiovascular disease.

#### Professor Ricardo Araya

Professor Ricardo Araya has been appointed the new head of the Global Mental Health Centre at the IoPPN. Professor Araya is Clinical Professor in Global Mental Health, and Joint Director of the Centre for Global Mental Health at the London School of Hygiene and Tropical Medicine and King's Health Partners Academic Health Sciences centre.

READ MORE ONLINE:

[alumni.kcl.ac.uk/  
alumni-community](http://alumni.kcl.ac.uk/alumni-community)

The Centre fosters research and capacity building in policy, prevention, treatment and care of mental illness worldwide. This aims to close the treatment gap for people living with mental disorders by increasing the coverage of cost-effective interventions.

#### Professor Edmund Sonuga-Barke

Professor Sonuga-Barke will be based in the Department of Child and Adolescent Psychiatry at the IoPPN. He also has Visiting Chairs at Ghent University, Aarhus University and the University of Sussex. He is Editor-in-Chief of the Journal of Child Psychology and Psychiatry. Motivated by his own experience of growing up as a young person with dyslexia, his research focuses on improving the lives of children and adolescents with neuro-developmental disorders.

### NOTABLE COMMENDATIONS FOR KING'S STUDENTS, STAFF AND ALUMNI

#### Rabbi Lord Jonathan Sacks

Rabbi Lord Sacks FKC, PhD alumnus and Emeritus Professor of Law, Ethics and the Bible at King's College London was awarded the 2016 Templeton Prize. The prize honours a living person who has made an exceptional contribution to affirming life's spiritual dimension, whether through insight, discovery, or practical works. Rabbi Sacks was recognised for his lifelong



Rabbi Lord Jonathan Sacks

work, bringing spiritual insight to the public through mass media, popular lectures and more than two dozen books, much of which has been achieved at King's.

#### Dr Oliver Holland

Dr Oliver Holland of the Centre for Telecommunications Research has won the €500,000 Horizon 2020 Collaborative Spectrum Sharing Prize on behalf of King's.

The European Commission decided to award a submission that showed new and innovative methods of radio wave spectrum access, re-use and sharing. The winning entry had to be a significant step forward from current technologies, be economically viable, and demonstrate clear experimental feasibility.

## KING'S Quiz

King's College London has been host to a wide range of great individuals over the years across all fields.

For a chance to win a Reggie soft toy, can you answer all the questions below?



1

Which famous King's alumnus wrote the novel *Far from the Madding Crowd*?

2

John Keats is famous for his romantic poetry, but what did he study at King's?

3

In which Scottish city was Rory Bremner (*French and German*, 1984) born?

4

How many Olympic medals does Katherine Grainger (*PhD Law*, 2013) have?

Send your four answers to [alumoff@kcl.ac.uk](mailto:alumoff@kcl.ac.uk) by 30 June 2017 for your chance to win.

Winners will be notified at the end of July.

# CLASS NOTES

To see all the latest class notes and find out which of your classmates have been performing on stage, writing books and planning reunions, visit our website:

[alumni.kcl.ac.uk/classnotes](http://alumni.kcl.ac.uk/classnotes)

## RECOGNITION FOR OUTSTANDING HUMANITARIAN WORK



Left to right: Judge Greg Mathis, Dr Julie Ann Malveaux, Mea holding the award, Rev Jesse Jackson and Pat Harris.

### MEA BOYKINS (MSc Child and Adolescent Mental Health, 2013)

We congratulate Mea Boykins (MSc Child and Adolescent Mental Health, 2013) on her award from the Rainbow Push Coalition in recognition of her humanitarian work. Mea was presented with the Outstanding

Humanitarian Achievement Award by civil rights activist Rev Jesse Jackson.

Her drive to bring about social change was evident during her time at King's, when she managed an international non-profit called Student Emergency Assistance which helps disadvantaged

children around the world through fundraising events.

Mea has also completed a Master's in Global Entrepreneurial Management (University of San Francisco) and is a public speaker on topics including youth development and mental health.

## COMPOSING WITH CULTURAL ORGANISATIONS

### DOBRINKA TABAKOVA (PhD, Music Composition, 2007)

Born in Plovdiv, Bulgaria, Dobrinka Tabakova's relationship to King's began when her father Dr Slavik Tabakov was offered a position here when she was a child. The family moved to the UK following the appointment, and both of her parents still work at King's.

Since graduating with her PhD in music, Dobrinka has had international commercial and artistic success composing orchestral, chamber, solo instrumental and choral works.



Dobrinka Tabakova

She has worked with prestigious UK organisations throughout her career, with commissions by the Royal Philharmonic Society, Britten Sinfonia and BBC Radio 3. Commercial recognition includes a Grammy nomination for her album *String Paths*, released in 2013.

Her compositions have been performed in Europe, Hong Kong, the US and the UK. Her piece *Praise* was sung at St Paul's Cathedral as part of the Queen's Golden Jubilee celebrations in 2012.

Creative partnerships have been a big part of Dobrinka's career to date; Recent collaborations include *Immortal Shakespeare* – a cantata for the Shakespeare 400 anniversary in 2016 and the UK New Music Biennial film collaboration *PULSE*.

In January this year, Dobrinka was announced as the BBC Concert Orchestra's new Composer in Residence. She will hold the post for an initial three years. Her first commission is for the orchestra's 2018–19 season, which will premiere at the refurbished Southbank Centre's Queen Elizabeth Hall.

## A THAMES SPECTACULAR – 20 YEAR REUNION FOR KCSMD

### King's College School of Medicine and Dentistry Class of 1994–97

September 2016

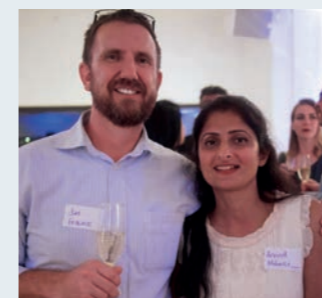
More than 110 King's College School of Medicine & Dentistry (KCSMD) alumni graduating in the mid-nineties came together for a unique reunion last September.

The day was a trip down memory lane, with a Strand Campus tour taking in the main hall, chapel, Student Union building, basement lecture theatre and old anatomy dissection room, now complete with desks rather than dissection tables. In the evening everyone retired to a champagne reception and black tie dinner and dance at the Oxo Tower on London's South Bank. A spectacular setting and the chance to view King's from the opposite bank of the Thames. A raffle during the evening event raised further funds which have been donated to medical research and the student hardship fund.

A dedicated committee of volunteers, along with meticulous organisation, some very professional print and digital promotion, assistance from the KCL alumni and archive teams, and the support of a range of sponsors all made this event possible. The organisers would like to thank the event sponsors: Travelbag, Conference Plus, Janus Financial Services and Wesleyan Financial Services.

The event shows what can be achieved with dedication, planning and some spare time.

For further information or tips on planning your own reunion event contact the organisers at [kcsmdreunion@gmail.com](mailto:kcsmdreunion@gmail.com)



KCSMD organisers Emma Raderschadt and Meg Birks



## AT A GLANCE

### Nick Valenzia (French and History, 2015)

I attended King's from 2011–15 and was a part of a team that broke the Guinness World Record for the longest ever five-a-side football game in October. The attempt involved us playing football for 72 hours, running and walking 130 miles and getting approximately six hours of sleep each over the course of three days. This was to raise money for Football Beyond Borders, a charity which supports severely underprivileged children.

### Barbara Diana (PhD Music, 1993)

I have released a CD of original eclectic acoustic music called *UNA*. It is a collaboration with musicians from different backgrounds (classical, jazz, folk, rock and pop) as well as me on vocals and some guitar. It also features the talent of Ian Noonan, another King's alumnus, on clarinet and saxophone, and a group of instrumentalists including percussion, bass, guitar, violin, accordion, piano and cello. It's available via [www.unasongs.com](http://www.unasongs.com).

### Professor Robert Hampson (English, 1970)

My book *Conrad's Secrets* (Palgrave Macmillan) has been given the Adam Gillon Award for best book on Conrad (2015) by the Joseph Conrad Society of America. I also published a second book in 2016, *Clasp: Late-Modernist Poetry* in London in the 1970s (Shearsman), co-edited with another King's alumnus, Ken Edwards.

### Steven Rhodes (BD Theology, 1985)

I reached the 2017 final of BBC Two's *Mastermind*. My specialist rounds were the architects Nicholas Hawksmoor and Inigo Jones and the composer Herbert Howells. None of them really had any links with King's, but they were at least proper *Mastermind* subjects! Sadly I did not realise my dream of making trifle in the famous *Mastermind* crystal bowl.



Is there anything you'd like to share with your alumni community? We'd love to hear your news and updates.

EMAIL US AT:

[alumoff@kcl.ac.uk](mailto:alumoff@kcl.ac.uk)

# OBITUARIES

FOR FULL DETAILS VISIT US AT:

[alumni.kcl.ac.uk/obituaries](http://alumni.kcl.ac.uk/obituaries)

## A LIFETIME SERVING HEALTH, EDUCATION AND PUBLIC LIFE

### DR PATRICIA MOBERLY (PhD English, 1985)

Dr Patricia Moberly, former Chairman of Guy's and St Thomas' NHS Foundation Trust, has died aged 77. She was recognised for her contributions to health management and medical ethics, education and her work as a public figure. Dr Moberly also worked in education, as an English teacher, and served as a Labour councillor and magistrate. In her spare time she continued her studies, completing a PhD in English at King's in 1985.

Dr Moberly was born near Portsmouth in 1938. She won a scholarship to Liverpool University graduating with a first in English Literature. She moved to Zimbabwe (then Rhodesia) with her Anglican curate husband Richard, where she taught English in a secondary school and joined the United National Independence Party. Here she developed a life-long commitment to promoting anti-racism. When she returned to London in 1967 she joined the Anti-Apartheid Movement's National Executive. During the seventies and eighties she served on Lambeth Council, was a Westminster magistrate, a Labour candidate and served in various health authorities.

Dr Patricia Moberly was the first Chairman of Guy's and St Thomas' NHS Foundation Trust (1999–2011). In her time she broke down barriers by promoting equality and diversity across the hospitals. She also served on the ethics committee and devised a complaints procedure for patients that was later adopted by other health authorities. One of her proudest achievements was to prevent the sale of St Thomas' Medical School which occupies a prime site on the bank of the Thames, opposite the House of Lords. In 2012 she was appointed by David Cameron to the Committee on Standards in Public Life.

Sir Hugh Taylor, who succeeded her as Chairman said: 'Patricia Moberly's contribution to Guy's and St Thomas' will be long remembered by all those who work here as well as by those who have benefited from the services we provide. Patricia was an outstanding board Chairman; forthright in her commitment to the NHS and to public service and an active champion of patients and the role of the Trust in serving its local community. She was emphatic in her focus on promoting the cause of equality and diversity within the Trust, as well as in



supporting a strong commitment to academic excellence. Patricia took a close personal interest in all areas at the Trust, including those that attract the least attention. She was known personally to many staff at all levels of the organisation and will be hugely missed.'

## SURGEON WHO REVOLUTIONISED THE TREATMENT OF BLOOD CLOTS



**PROFESSOR VIJAY KAKKAR OBE**  
(Research Fellow, Lecturer and Professor of Surgical Science, King's College Hospital)

Professor Vijay Kakkar, who has died aged 79, was a vascular surgeon and research scientist. His findings on how to prevent blood clots in patients undergoing surgery have saved millions of lives.

Professor Kakkar arrived in Britain from India in 1961 to complete postgraduate surgical training. He started researching post-operative deep vein thrombosis using low doses of the blood thinning drug Heparin whilst at King's College Hospital, where he was a research fellow, lecturer and then consultant surgeon. Despite some scepticism from a conservative medical establishment he persisted

in his work, leading to a landmark medical trial in 1975 which found Heparin reduced deaths by preventing fatal lung embolism. The drug is now widely used to prevent and treat thrombosis and as treatment for angina and heart attacks.

In 1976 he was appointed Professor of Surgical Sciences, one of the first doctors of Indian origin to hold such a post at a London teaching hospital and an inspiration to later generations of doctors from the region.

Speaking about him, Ghulam Mufti OBE, Professor of Haematological Oncology at King's College London said 'I respected Vijay because he was not only a gifted surgeon, but

also an astute clinician scientist, as well as an international authority on thrombosis and haemostasis. He had such an inquiring mind.'

Professor Kakkar founded the Thrombosis Research Institute in 1989 and was a founder and President of the British Society for Thrombosis and Haemostasis. He was a prolific author, responsible for 680 articles and six books. He received many awards including a Hunterian professorship from the Royal College of Surgeons, and a lifetime achievement award from the International Union of Angiology. In 2010 he was awarded an OBE.

## A LIFETIME OF SERVICE TO THE CHURCH



### REVEREND ROBERT JEFFERY (Theology, 1959)

The Very Reverend Robert Jeffery has died aged 81. He will be remembered as an ecumenist, synodman and rebuilder of the financial fortunes of Worcester Cathedral during his years there as Dean (1987–1996).

Born in 1935, Robert Martin Colquhoun Jeffery was educated in London at St Paul's School and King's College London, where he also trained for the ministry and graduated in Theology in 1959. He was ordained in 1960 and became a curate. He went on to work in central Church

Administration at Church House, Westminster and at the British Council of Churches. He was then Vicar of Headington in Oxford before moving to Tong, Shropshire, in 1978, firstly as Lichfield Diocesan Missioner and subsequently as Archdeacon of Salop. He was Dean of Worcester Cathedral for nine years, where he turned around the financial fortunes of the Cathedral, raising significant funds for restoration and invigorating Cathedral life. In 1996 he was appointed Sub-Dean of Christ Church Cathedral, Oxford, where he was a popular figure in the church and college community until his retirement.

Jeffery was a significant figure within the Church of England and a member of the General Synod from 1982–1996, serving at different times on its standing and business committees. He was the Church of England's foremost authority on ecumenical matters, with a wide knowledge of Church unity schemes worldwide as well as inter-Church collaboration in Britain.

He has written 11 books on Church history, spirituality, mission and ecumenism as well as a new translation of the Imitation of Christ for Penguin Classics. He retired in 2002 and was awarded the honorary degree of Doctor of Divinity by Birmingham University.

A memorial service will take place at Worcester Cathedral on Wednesday 21 June at 14.30.

## HALF A CENTURY OF EXPERTISE



### PATRICK O'DRISCOLL (Medicine, 1957; Dentistry, 1961)

Consultant and surgeon Pat O'Driscoll has died aged 82. He entered Guy's as a BDS student in 1951 and retired as senior consultant in Maxillo-facial surgery in 1999, spanning nearly fifty years at Guy's. During this time he made enormous contributions to the Dental School and Hospital, not only through his clinical expertise and eminence but also by teaching generations of students and training scores of budding OMFS specialists.

### KING'S COLLEGE LONDON

#### Professor Gillian Fraser (née White) (Law, 1957)

Teacher, scholar and prolific writer on Public and Private International Law, first at Cambridge and then at Manchester University, where she was a Lecturer, Dean and Head of the Law Faculty. At the time she was only the second woman in a British university to be appointed to a Chair in Law.

#### Robert Hawken (Electrical Engineering, 1958)

Lecturer, King's College London Engineers' Association Committee member and President and KCLA Council member.

### KING'S COLLEGE SCHOOL OF MEDICINE & DENTISTRY

#### Donald Briggs (Medicine, 1946)

Member of the US Friends of King's College London Association and a member of the New York Alumni Committee.

### ST THOMAS'

#### Dr Antony Twort (Medicine, 1946)

Supporter of student hardship funds at GKT School of Medicine.

#### Him Lee

Supporter of asthma and allergy research, including the EXHALE project, through the Dr and Mrs Lee lu Cheung fund and PhD student scholarships in the Division of Asthma, Allergy and Lung Biology.

Kele Okereke  
(English Literature)  
**RECOMMENDS**



What piece of music takes you back to your time at King's?

LET US KNOW ONLINE:

#ForeverKings

LISTEN TO OUR ALUMNI PLAYLIST ON SPOTIFY:

alumni.kcl.ac.uk/anthems

“Even though you might not be able to see it, you are on a journey and you must keep going.”

Kele Okereke is the lead singer of acclaimed British group Bloc Party. He studied English Literature at King's College London and has written articles for the Guardian and magazines and websites including Vice and Attitude. He is working on his third solo album, which will be released later this year. He currently lives in south London.

**Favourite poem?**

*The Man with Night Sweats* by Thom Gunn. I discovered this collection of poetry by Gunn when I was at King's and I was blown away by the candour of the title poem. There is something about Gunn's description of the human spirit in relation to illness that I still find completely inspiring.

**Favourite novel?**

*Americanah* by Chimamanda Ngozi Adiche. I've loved everything Adiche has written but I feel *Americanah* is a very important work due to its exploration of race and the effect of migration on identity. I feel it's a completely prescient topic for today's world.

**Favourite place?**

Berlin at night. One of the best things about my job is I get paid to travel the world and entertain people, so I know a little bit about nightlife. Hands down Berlin is my favourite city to go dancing in. I love the fact that Friday nights can quite easily become Sunday mornings. I also really appreciate the German temperament, it's so matter-of-fact. Some people can come across as dry, but I've always found it charming.

**Treasured childhood memory?**

My earliest childhood memory is being a toddler and sitting in a pram and being fascinated by the rain hitting the see-through plastic cover that kept me dry. I remember being amazed at how beautiful the world looked through the droplets of rain.

**Musical inspiration?**

I feel like what has inspired me musically over the years has changed a great deal. Right now, the music that seems to be resonating with me is the music of singer-songwriters. I've been devouring the music of Elliott Smith and Nina Simone in equal measure. They were both solitary songwriters that wove beautiful stories with their words and musicianship.

**Best piece of advice you've ever been given?**

Everything happens for a reason. Somewhat banal, but I've found in times of upheaval it's important to remember the bigger picture. Even though you might not be able to see it, you are on a journey and you must keep going.

**Standout memory of King's?**

I always enjoyed crossing the river in the morning to the Stamford Street site because the view of London from Waterloo Bridge was always breathtaking. Even back then I was very proud of the fact that I was living in one of the most beautiful cities in the world.



Dina Asher-Smith, Olympian



Rosalind Franklin, Scientist



Desmond Tutu, Archbishop Emeritus of Cape Town



Katherine Grainger, Olympic Gold Medalist

**14TH ANNUAL**  
*Alumni*  
**Weekend**  
*2017*  
**CHANGE MAKERS**  
**9-11 JUNE**

Throughout King's history, alumni, students and staff have made outstanding contributions to the world. Join us to celebrate and explore the impact of the King's community and discover the Change Maker in you.

To see the full programme of events and to book your place:  
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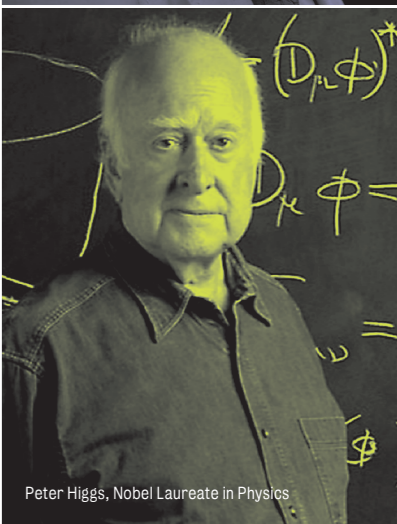
Maureen Duffy, Novelist, Poet and Playwright



Oliver Johnson, Global Health Leader



Comfort Momoh, Midwife and Public Health Specialist



Peter Higgs, Nobel Laureate in Physics

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